

Hope Groups

Matthew 26:36-46

36 Then Jesus went with his disciples to a place called Gethsemane, and he said to them, “Sit here while I go over there and pray.” 37 He took Peter and the two sons of Zebedee along with him, and he began to be sorrowful and troubled. 38 Then he said to them, “My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me.”

39 Going a little farther, he fell with his face to the ground and prayed, “My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will.”

40 Then he returned to his disciples and found them sleeping. “Couldn’t you men keep watch with me for one hour?” he asked Peter. 41 “Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak.”

42 He went away a second time and prayed, “My Father, if it is not possible for this cup to be taken away unless I drink it, may your will be done.”

43 When he came back, he again found them sleeping, because their eyes were heavy. 44 So he left them and went away once more and prayed the third time, saying the same thing.

45 Then he returned to the disciples and said to them, “Are you still sleeping and resting? Look, the hour has come, and the Son of Man is delivered into the hands of sinners. 46 Rise! Let us go! Here comes my betrayer!”

LOOK BACK... (10-15 mins)

What are you thankful for and what’s been a challenge this week?

Can we help with or pray about anything shared?

Vision* & Check-in: How did you go with your plan to share/invite or obey from last time?

LOOK UP... (10-15 mins)

Read this week’s story/passage. Discuss the following questions:

1. What did you like about this passage?
2. What did you find challenging or hard to understand?

Re-read the passage/story (& retell in your own words)

3. What does this say about God/Jesus?
4. What does this say about people?

LOOK FORWARDS... (10-15 mins)

What would it mean for me to obey/follow what is taught here?

Who will I share this story with?

Who will I invite to the next Event in my City?

If appropriate, pray.

Scan to find the next Event in your City:



***Vision:** “Reaching the world through workers with the good news about Jesus, starting with 100,000 workers in APAC”