

FACILITATORS GUIDE

# CHALLENGE AND SUPPORT GROUPS

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A realistic 5 week challenge to deepen  
our evangelistic impact



CITY BIBLE  
FORUM

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# **WHY SHOULD YOU TAKE UP THE CHALLENGE?**

Evangelism is important but sometimes we find ourselves too distracted by life to look for opportunities.

This five week challenge offers a tangible, encouraging and transformative way to deepen our conversations with others towards inviting them to read the Bible and discover Jesus for themselves.

By being part of this small supportive group, we seek to challenge and support one another in our evangelism.

## CHALLENGE AND SUPPORT GROUPS

# YOUR ROLE AS FACILITATOR

## EXPECTATIONS

The experience of the CSG largely rests on the quality of the facilitation. Facilitators will need to be able to:

- Undertake the organisational aspects of the group
- Listen well and ask probing questions
- Refrain from giving advice and problem solving
- Only speak for around 20% of the time

As the facilitator, your aim is to build a group that doesn't rely on you but rather, members mutually challenging and supporting each other. This will provide for a better group support experience (both during sessions and afterwards).





# CHECKLIST

1

## INTENDED AUDIENCE

Christians willing to dive deeper in their personal conversations with enquirers by taking up an evangelism challenge. They will find support in a small group meeting 3 times over a 5 week period.

2

## GROUP SIZE

The optimum group size is 6 (5 participants and a facilitator). This is optimal for participation, development and viability (minimum group size is 3-4 if there are 2-3 participant non-shows).

3

## MODE

Groups can choose to meet in person, online or a mixed mode - then conduct their evangelism challenges locally.

4

## SESSION FORMAT

There are 3 group sessions, each 55 min in content.

5

## RESOURCES

Help members find a realistic evangelism challenge by using the quiz.

# RESOURCES

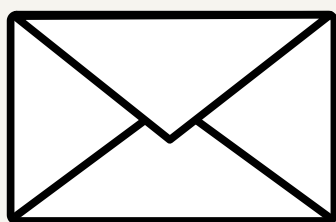


## EVANGELISM QUIZ

Helps the participant to work out an appropriate evangelism challenge for themselves, given their experience and context.

### FIND YOUR CHALLENGE

[TINYURL.COM/EVANGELISMCHALLENGE](https://tinyurl.com/evangelismchallenge)



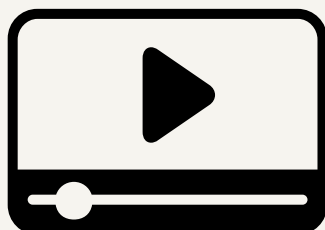
## INITIAL GROUP COMMUNICATION

If you need to source participants for the group, the Initial invitation is best done by phone call or face-to-face. Here's [information for a follow-up email](#).



## CSG WORKSHEET

This [pre-session worksheet](#) helps the group to have a more focused discussion in the session time.



## VIDEOS

There are 3 [short videos](#) by Al Stewart to play in the sessions. (They are also linked in the session notes).

# 5 WEEK CHALLENGE

01

## SESSION ONE

Understanding our unique God-given contexts and reasons to engage in evangelism. Selecting our evangelism challenge for the next five weeks.

02

## CHALLENGE WEEK

Working on our nominated evangelism challenge.

03

## SESSION TWO

Midway point check-in and reflecting on how we're going with our challenges. Working through challenge-related issues and celebrating successes.

04

## CHALLENGE WEEK

Continue working on our nonnominated evangelism challenge, adopting any changes from Session Two.

05

## SESSION THREE

Working through challenge-related issues and celebrating successes. Reflecting on what we have learned. Working out how to nurture ongoing evangelistic rhythms.

### NEXT STEPS BEYOND THE CHALLENGE:

How will your group maintain their enthusiasm and intentionality with evangelism?

# SESSION ONE

## BEFORE (preparation)

- Access the resources and familiarise yourself with them.
- Organise with your group when they will meet together.
- Organise the group communication channel (email or whatsapp).
- Distribute the quiz to your group participants and ask them to complete it.
- Distribute the worksheet to participants and ask them to complete the first session prior to attending.
- Pray for your group.

[Access the resources here.](#)

## DURING (discussion questions)

### Welcome and introduction (10 min)

Q. Why have you joined this group?

Q. What are you hoping to get out of it?

Q. What's been your biggest challenge when it comes to evangelism in the past?

### Sharing the challenge (15 min)

Q. What's the evangelism challenge you have set for yourself?

Q. Given your context and strengths - how motivated are you to step up to the challenge?

# SESSION ONE

Scan QR to access Video #1

Word of encouragement (10 min)

Play Al Stewart's video #1 (3 min)

Q. What are your reactions as you listen to Al?

Review (10 min)

Q. Thinking back over what you've shared today - what do you want to be held accountable for?

Prayer (10 min)

Go around the group and pray for what you've shared.

## AFTER (follow-up)

- Pray for your group regularly over the next 2 weeks.
- Ask follow-up questions on the group communication channel to help foster interaction between group members.







## **CHALLENGE WEEK #1**

Remember to pray as  
you approach your  
evangelism challenge  
this week!

# SESSION TWO

## BEFORE (preparation)

- Remind the group when you are meeting.
- Ask participants to complete the second section of the worksheet prior to attending.
- Pray for your group.

## DURING (discussion questions)

Before you begin, ask if you can take notes or record the session (if meeting online). City Bible Forum would love to celebrate the stories and these are best captured when participants share (Note that no stories will be distributed without the speaker's permission).

### Welcome and introduction (5 min)

Q. What's one word to describe how you feel about the challenge at this stage?

### Challenge update (20 min)

Q. Explain what made you choose that particular word.

Q. What have you been learning about God, evangelism and yourself?

# SESSION TWO

Scan QR to access Video #2

Word of encouragement (10 min)

Play Al Stewart's video #2 (3 min)

Q. What are your reactions as you listen to Al?

Review (10 min)

Q. Thinking back over what you've shared today - what do you want to be held accountable for?

Prayer (10 min)

Go around the group and pray for what you've shared.

## AFTER (follow-up)

- Pray for your group regularly over the next 2 weeks.
- Ask follow-up questions on the group communication channel to help foster interaction between group members.





A photograph of two men in a kitchen setting. The man on the left is smiling and looking towards the man on the right. The man on the right is wearing a yellow beanie and a white hoodie, and is looking back at the first man. A semi-transparent white box is overlaid on the center of the image, containing text.

## **CHALLENGE WEEK #2**

Remember to pray as  
you approach your  
evangelism challenge  
this week!

# SESSION THREE

## BEFORE (preparation)

- Remind the group when you are meeting.
- Ask participants to complete the third section of the worksheet prior to attending.
- Pray for your group.

## DURING (discussion questions)

Before you begin, ask if you can take notes or record the session (if meeting online). City Bible Forum would love to celebrate the stories and these are best captured when participants share (Note that no stories will be distributed without the speaker's permission).

### Welcome and introduction (5 min)

Q. What it comes to your evangelism challenge, draw either a smiley face, indifferent face or a unhappy face.

### Challenge update (15 min)

Q. Explain what made you drew that face.

Q. What have you been learning about God, evangelism and yourself?



# SESSION THREE

Scan QR to access Video #3

Word of encouragement (10 min)

Play Al Stewart's video #3 (3 min)

Q. What are your reactions as you listen to Al?

**Review (10 min)**

Take turns sharing the strengths you have observed in another participant (something to do with their evangelism - or how they have participated in the process).

**Prayer (10 min)**

Go around the group and pray for what you've shared.

**Next steps (5 min)**

Q. How will you maintain your enthusiasm and intentionality with evangelism? (it might be that you have existing structures in your life that support this - or perhaps this Challenge and Support Group might be able to provide this function in some form).



# NEXT STEPS:

How will your group maintain their enthusiasm  
and intentionality with evangelism?

How City Bible Forum can help:  
Join a Network or Third Space community  
Explore our Courses  
Join our Dive Deeper movement

[CITYBIBLEFORUM.ORG](https://CITYBIBLEFORUM.ORG)